

# “Helping with Life’s Challenges”

Psychologists can help everyday people like you who are facing challenges that may be too difficult or different for you to handle.

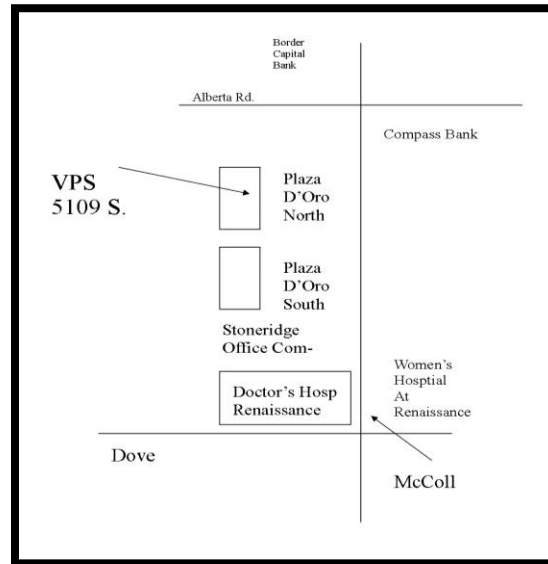
Los psicólogos pueden ayudar a la gente común como usted que se enfrentan a desafíos que pueden ser demasiado difícil o diferente para que usted resuelva.

*Call now for an appointment or walk in for immediate help.*

## Location

### Directions

Just North of the intersection of Dove and McColl, on the North side of Doctors Hospital at Renaissance, in Plaza D’Oro North Entrance



For more information call:

**(956) 682-0385**

### Business Hours

MONDAY - FRIDAY 8:00 A.M. - 5:00 P.M.

**WALK-INS WELCOME!**

EVENINGS AND SATURDAYS

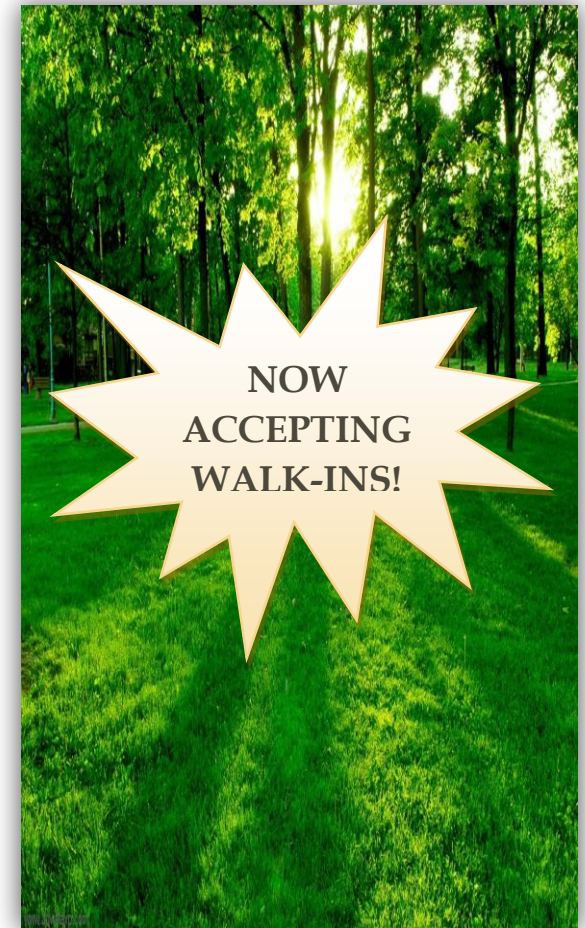
**BY APPOINTMENT**

We accept most insurances!  
Medicaid and Medicare Providers

**SE HABLA ESPAÑOL**

# Valley Psychological Services

Hope for Changing Times





## We Serve

- Children
- Adolescents
- Adults
- Families

## Services provided are:

- Family Therapy
- Group Therapy (DBT)
- Individual Therapy
- Relaxation Therapy
- Trauma- Focused Therapy
- ADHD Evaluations
- Autism Spectrum Evaluations
- Dementia and Memory Evaluations
- Disability Evaluations
- Guardianship Evaluations
- Immigration Evaluations
- Learning Disability Evaluations
- Neuropsychological Evaluations
- Psychological Evaluations
- Spinal Cord Stimulator Pre- Surgical Psychological Evaluations
- Weight-loss Pre-Surgical Evaluations

## We can help you with:

- Anxiety
- PTSD
- Obsessions
- Compulsions
- Fears
- Chronic Pain
- Depression
- Relationship Problems
- Serious Mental Illness
- Common Life Stressors

## Client Testimonials

Here is what our clients have to say about our services:

*"Walking into the office I always feel welcome and calm. I have found great strength through the services I have received here." ---V.C*

*"Dr. McCoy helped us in getting all the necessary services for my son to succeed and I'm grateful for all the help he has given us." ---M.H*

## Specialty Services Provided

- Health Psychology Services
- Hospital Consultations (DHR Only)
- Life Adjustment Counseling
- Social Skills Groups for Autism
- Tailored Seminars

## Our Contracted Consultants are:

In order to better serve our clients, our team includes licensed psychologists, licensed psychological associates, and licensed professional counselors to fit each person's individual needs.

**Joseph H. McCoy Ph.D.\***

Monica Hernandez Ph.D.\*

Alfonso Mercado Ph.D.\*

Gary E. Leka Ph.D.

Delia Y. Villarreal M.A., LPA

Faith Perez, Psy.D., PLP

Marilyn J. Ramirez M.Ed., LPC\*

Kim Nguyen-Finn, M.A., LPC-S\*

Joseph Garcia, M.S., LPC\*

**Full Bios available  
at [www.vpsrgv.com](http://www.vpsrgv.com)**

## Contact Us!

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5109 S. McColl Rd.  
Edinburg, TX 78539

Phone: (956) 682-0385  
Fax: (956) 682-0388

Visit us on the Web:  
[www.vpsrgv.com](http://www.vpsrgv.com)